

# Non Profit Volunteer Skills and Availability Sheet

Thank you for your interest in volunteering with us. Please fill out this sheet to help us match your skills and availability with our current community needs.

## 1. Personal Contact Information

Full Name:

Phone Number:  Email Address:

Street Address:

## 2. Skills, Experience, and Interests

Please indicate your level of interest or experience (e.g., "High", "Medium", "None", or "Professional") for each category below:

Administrative / Office Assistance:  Event Planning & Coordination:

Fundraising & Grant Writing:  Marketing & Social Media:

Graphic Design & Web Development:  Teaching, Tutoring, or Mentoring:

Community Outreach & Advocacy:  Manual Labor / Setup / Cleanup:

Other Special Skills / Certifications:

## 3. Availability

Please write your available hours for each day of the week (e.g., "9:00 AM - 12:00 PM", "Afternoons", or "Not Available"):

Monday:  Tuesday:

Wednesday:  Thursday:

Friday:  Saturday:

Sunday:  Preferred Start Date:

## 4. Additional Details

Emergency Contact Name & Phone:

Briefly describe why you would like to volunteer with our organization: