

Student Counseling Session Notes Template

This template is designed for counselors to document individual student counseling sessions. Fill out the fields below to prepare for printing.

1. General Information

Student Name:

Date of Birth:

Grade Level:

Session Date:

Session Start/End Time:

Counselor Name:

2. Session Overview

Reason for Referral / Visit:

Student's Presenting Mood / Demeanor:

Main Issues / Concerns Discussed:

3. Interventions & Counselor Observations

Counseling Techniques / Interventions Used:

Counselor Observations & Progress Notes:

4. Action Plan & Next Steps

Student Action Steps:

Counselor Follow-up Actions:

Parent / Teacher Communication Required:

Next Scheduled Session Date:

5. Verification & Signatures

Counselor Signature:

Date Signed: