

# General Liability Waiver and Release Form

Please read this document carefully. By signing this document, you are waiving certain legal rights, including the right to sue.

## 1. Participant Information

Full Name:

Address:

Phone Number:

Email Address:

Emergency Contact Name & Relationship:

Emergency Contact Phone Number:

## 2. Waiver and Release of Liability

I, the undersigned participant, acknowledge that participation in activities involves inherent risks, including but not limited to physical injury, illness, death, or property damage. I assume all related risks, both known and unknown, associated with my participation.

In consideration of being allowed to participate, I hereby release, waive, discharge, and covenant not to sue the organizers, hosts, facilitators, volunteers, and associated entities from any and all liability, claims, demands, or courses of action arising out of any loss, damage, or injury that may be sustained by me or my property.

I agree to indemnify and hold harmless the released parties from any loss, liability, damage, or costs, including court costs and attorney fees, that they may incur due to my participation in these activities.

## 3. Acknowledgment of Understanding

By writing my name in the signature block below, I acknowledge that I have read this General Liability Waiver and Release Form, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

## 4. Signature and Date

Participant Signature (or Parent/Guardian if under 18):

Printed Name:

Date (MM/DD/YYYY):